

## **Our guide to choosing a care home**

Select your care home with confidence

**We are the first to admit that moving into a care home is not something people will look forward to. That's why we do our best to help them settle in. But first, the family needs to know that the care home they are choosing is a good fit for their loved one.**

**We have produced a condensed version of the [checklist from the Alzheimer's Society](#) for your benefit.**

### **Consider the following when choosing between homes:**

#### The Staff

- Are the staff attentive and welcoming?
- Are you allowed to visit unannounced?
- Do the residents appear happy – are they talkative?

#### The Building

- Is there anything about the appearance, atmosphere, cleanliness or furnish of the home that makes you question its upkeep?
- Are there adequate transport links and is the road noisy?
- Is the building secure, so residents can't put themselves in danger?
- Are toilets readily accessible?

#### The Day

- Do residents have access to their own entertainment, and the ability to be alone?
- Are residents supported throughout the day with activities?
- Can residents choose how often they wash?
- Can you see a current menu for all meals, and do they take into account your loved one's dietary requirements?
- Can a relative stay overnight?

#### The Future

- What processes are in place to maintain relevant care plans?
- Can the resident stay in the home towards the end of life, or will they need to move again?
- How does the care home communicate with families?

This is a judgement call that only the family can make. We hope providing this information helps you to make an informed decision.

We have tried to put all the relevant information about our care home on this website. We are happy to take your questions and offer advice on this important choice. Just [get in touch!](#)